



# Youthpass

## YOUTH EXCHANGES

**Yanse Sosna**

PARTICIPATED IN

### Youth Exchange Example,

A YOUTH EXCHANGE WITH 60 YOUNG PEOPLE  
FROM ESTONIA, GERMANY, LUXEMBOURG, POLAND, AND ROMANIA.

THE PROJECT TOOK PLACE FROM **20/02/2020**  
TO **05/03/2020** IN **Cuxhaven, Germany**.

## YOUTH EXCHANGES

In Youth Exchanges supported by Erasmus+, groups of young people from different countries jointly design, prepare and carry out a work programme. It is usually a mix of workshops, debates, role-plays, simulations, outdoor activities. The young people are supported by experienced youth workers and leaders in this. Youth Exchanges allow them to develop competences, become aware of socially relevant topics, discover new cultures, and strengthen values like solidarity, democracy, etc.

Erasmus+ is the European Union's programme for boosting skills and employability through activities organised in the field of education, training, youth, and sport. Youth activities under Erasmus+ aim to improve the key competences, skills and employability of young people, promote young people's active participation in the society, their social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level.

**SALTO-YOUTH**  
TRAINING AND COOPERATION  
RESOURCE CENTRE



**Legal representative - signature**

Representative of the organisation

The ID of this certificate is N1FP-BCYC-EPRY-E47Y.  
If you want to verify the ID, please go to the web site of Youthpass:  
<http://www.youthpass.eu/qualitycontrol/>

Youthpass is a Europe-wide validation system for non-formal learning within the Erasmus+: Youth in Action Programme. For further information, please have a look at <http://www.youthpass.eu>.



## Youthpass

This document certifies that **Yanse Sosna** took part in the Youth Exchange **Youth Exchange Example** organised by **Youthpass Team**.

**The exchange project was developed and implemented in cooperation with the following partners:**

Obligatory

**The aim and the specific objectives of the project were:**

obligatory

**Main activities:**

obligatory

**The main achievements of the project were the following:**

optional

**The Youth Exchange was co-funded by:**

optional

**SALTO-YOUTH**  
TRAINING AND COOPERATION  
RESOURCE CENTRE



Erasmus+

Otterndorf, 08/03/2020

**Person in charge of the project - signature**

Person in charge of the project



The following pages contain the individual information about the participation of **Yanse Sosna** in the Youth Exchange **Youth Exchange Example**.

**Task / responsibility of Yanse Sosna:**

optional

**Yanse Sosna** developed the following competences during the Youth Exchange. The reflection process was supported by a mutual dialogue with **Agaw Norman**.

**MULTILINGUAL COMPETENCE**

optional

**PERSONAL, SOCIAL AND LEARNING TO LEARN COMPETENCE**

optional

**CITIZENSHIP COMPETENCE**

optional

**ENTREPRENEURSHIP COMPETENCE**

optional

**CULTURAL AWARENESS AND EXPRESSION COMPETENCE**

optional

**DIGITAL COMPETENCE**

optional



## **MATHEMATICAL COMPETENCE AND COMPETENCE IN SCIENCE, TECHNOLOGY AND ENGINEERING**

optional

## **LITERACY COMPETENCE**

optional

## **OTHER SPECIFIC SKILLS**

optional

**We confirm the mutual process of reflection during the Youth Exchange.**

**Yanse Sosna**

Participant

**Agaw Norman**

Trainer

Otterndorf, 08/03/2020

## **REFERENCES**

optional

**Further information and original documents on the Key Competences for Lifelong Learning:**

[http://europa.eu/legislation\\_summaries/education\\_training\\_youth/lifelong\\_learning/c11090\\_en.htm](http://europa.eu/legislation_summaries/education_training_youth/lifelong_learning/c11090_en.htm)

**Further information about the Erasmus+: Youth in Action Programme and Youthpass:**

<http://ec.europa.eu/programmes/erasmus-plus> and [www.youthpass.eu](http://www.youthpass.eu)